



WORKSHOP SERIES FROM THE OFFICE FOR FAMILY LIFE & SPIRITUALITY

REACHING OUT AND MINISTERING TO HURTING FAMILIES



Join us at one or all of our sessions designed to equip parish leaders (priests, deacons, DCMs, Youth Ministers, lay leaders, catechists, etc) with information and tools to accompany families in their struggles. Each session will look at current sociological and psychological findings regarding the particular area.

Additionally, we will discuss insights from Scripture and Church documents, especially Pope Francis's *Amoris Laetitia*, which can help families find God in their struggles, experience healing and live abundantly.

Families and Suicide Awareness



Luke Maxwell

Thursday, March 7

 **10am - 12pm or 7:00pm - 8:30pm**

Luke Maxwell is the founder of U Can't B Erased, designed to break the stigma of teen depression and stop the epidemic of suicide in our country today, especially among Catholic youth. Having a story of his own, he formed teen depression support groups to prevent suicide and other self-harm. His mission is to empower teens and those around them to recognize, overcome, and be unashamed of their mental illnesses. Luke has appeared on television and radio, has been featured in newspapers, and speaks to teens and parents about this life-saving topic.

“I thank God that many families, which are far from considering themselves perfect, live in love, fulfill their calling and keep moving forward, even if they fall many times along the way.” - Pope Francis, *AL*, 57

(858) 490-8299

Sdcatholic.org/fls

FB/IG @joylovesd



PASTORAL CENTER, 3888 PADUCAH DR. SAN DIEGO 92117



RSVP: CALL OR EMAIL NMENDEZ@SDCATHOLIC.ORG



MORNING (PARISH LEADERS) - \$10

EVENING (OPEN TO ALL) - DONATIONS WILL BE GLADLY ACCEPTED